



# February 2023



Breakfast: Cereal, fruits, juice, string cheese, milk, granola offered every day!

|                                 |                                    |  |                           |                                   |
|---------------------------------|------------------------------------|--|---------------------------|-----------------------------------|
| 6 Mini Bagels with Cream Cheese | 7 French Toast Sticks              | 8 Banana Bread                             | 9 Egg and Cheese Biscuits | 10 Pancakes and Syrup             |
| 13 Banana Muffins               | 14 Cereal and Yogurt Cups/Parfaits | 15 Donuts                                  | 16 No School!             | 17 No School!                     |
| 20 No School!                   | 21 Chocolate Muffins               | 22 Breakfast Pizza                         | 23 Cinnamon Buns          | 24 Pancake Wraps                  |
| 27 Strawberry Bagels            | 28 Waffles and Syrup               | March 1 Sausage, Egg and Cheese Croissants | 2 Pumpkin Bread           | 3 Cereal and Yogurt Cups/Parfaits |

**\*\*Due to production shortages, the menu is subject to change without notice!\*\***

Lunch is served with milk, fresh fruits and veggie options!

|  |                                     |   |                                       |   |
|--|-------------------------------------|---|---------------------------------------|---|
| 6 Pizza                                      | 7 Corn Dogs and Fries               | 8 Chicken Noodle Soup and Crackers      | 9 Sloppy Joes and Chips               | 10 Chili Cheese Nachos                  |
| 13 Chicken Patty Sandwich and Frosted Cookie | 14 Beef Stroganoff with Breadsticks | 15 PBJs and Chips                       | 16 No School!                         | 17 No School!                           |
| 20 No School!                                | 21 Hot Dogs and Chips               | 22 Cheesy Potatoes with Ham and Roll    | 23 Chicken Fajita Quesadillas         | 24 Fish Sticks and Fries                |
| 27 Macaroni and Cheese                       | 28 Chicken Stir Fry with Rice       | March 1 Chicken and Biscuits with Gravy | 2 Ham and Cheese Sandwiches and Chips | 3 Chicken Nuggets and Rice Krispy Treat |

**Gluten-Free Lunch Menu:** we try to make similar meals that reflect the menu when possible, but this option will also be available for only gluten-free students. Kitchen must have Dr's note.

|                             |                          |                      |                               |                      |
|-----------------------------|--------------------------|----------------------|-------------------------------|----------------------|
| Mon: Pepperoni Pizza Pocket | Tues: Cheese Quesadillas | Wed: Chicken Nuggets | Thurs: Ham or Turkey Sandwich | Fri: Flatbread Pizza |
|-----------------------------|--------------------------|----------------------|-------------------------------|----------------------|

This institution is an equal opportunity provider.

Breakfast Prices: K-6th- \$2.35 and 7-12th- \$2.70

Lunch Prices: K-6th- \$2.80 and 7-12th- \$3.05

Find out if you qualify for free/reduced price meals! Fill out an application!

